Alpenglow Spa

AT THE
KEYSTONE LODGE

Escape to our serene mountain retreat and indulge in a day of pampering at our luxurious spa. Our relaxation room is the perfect haven to unwind, complete with plush amenities and soothing ambiance. Let our expertly trained service providers guide you through a range of rejuvenating treatments, from massages and facials to body wraps and more. Whether you're seeking relaxation, rejuvenation, or simply a moment of tranquility, our spa is the ultimate getaway for body and mind.

Book Now: 970-496-4118

MASSAGE THERAPIES

KEYSTONE CUSTOMIZED MASSAGE: 25|50|80MIN
This massage gently eases tension and relieves weary muscles, providing the ultimate in relaxation. Your therapist will use varied pressure to customize to your individual needs. *Add $10 for deep tissue*

MOTHER NURTURE MASSAGE: 50|80 MIN
This gentle massage is designed to relieve tension and strain experienced during pregnancy. Your therapist combines specialized therapies to alleviate hip and back pain, improve circulation, and provide much-needed serenity for the mom-to-be. *Note: not recommended during the first trimester or high-risk pregnancies.

HIGH COUNTRY STONE MASSAGE: 80 MIN
In this extremely relaxing massage, your therapist combines Swedish massage techniques with warm stones to deeply penetrate sore muscles and relieve stress.

ALTITUDE MASSAGE: 50|80 MIN
We want you to get more out of your vacation and at an elevation of more than 9000’ that can be difficult. This customized massage is paired with oxygen and is designed to loosen stiff muscles, relieve altitude discomfort, calm your mind, and induce more restful sleep.

ASHIATSU MASSAGE: 50|80 MIN
Ashiatsu massage is an excellent alternative for deep tissue. The therapist uses barefoot techniques and consistent strokes to help free up bundled nerves, elongate muscles, improve posture, and decrease pain.

DETOX SCRUB & MASSAGE: 80 MIN
This nourishing treatment begins with a body scrub to detoxify and exfoliate the skin, followed by a full body massage. Decadent body butter is then applied to drench the skin in moisture.

COUPLES MASSAGE: 50|80 MIN
Enjoy a relaxing customized massage with that special someone in our massage suite for two.

SUITE SURRENDER: 70|100 MIN
After your massage, share an unforgettable 20min bath with that special someone in our two-person infinity edge tub. This experience also includes champagne and chocolate.

PERFECT PAIRINGS

PAIR TWO OR MORE
SERVICES AND RECEIVE 10% OFF.
(*Services must be done in the same day by the same guest. Cannot combine discounts.)*

FACIALS

KEYSTONE CUSTOMIZED FACIAL: 25|50|80 MIN
This restorative facial will leave your complexion positively radiant. After an in-depth analysis of your skin, your esthetician will customize the facial using the best quality skin care products to suit your unique needs.

NUFACE CELLULAR LIFT: 50|80 MIN
This toning device also improves the appearance of your skin by increasing circulation and collagen production. To compliment this service we are offering 10% off any NuFace or NuBody product on the day of your service.

INTRACEUTICALS OXYGEN FACIAL: 50|80 MIN
This is the age-defying treatment everyone is talking about resulting in luminous skin and unparalleled hydration. Your skin will instantly feel rejuvenated with improved volume and a noticeable lift.

CHARCOAL & BLACKSEED FACIAL: 50|80 MIN
This facial will help by drawing out impurities, balancing the skin by absorbing excess oil and sebum, helps reduce the appearance of dark spots and blemishes caused by congestion.

KIDS STRAWBERRY FACIAL: 25 MIN
Let your little one have a relaxing and brightening facial using gentle organic strawberry products from Eminence, our leading skincare line.

BODY TREATMENTS

COCO-LUSCIOUS WRAP: 50 MIN
Utilizing a Coconut Sugar Scrub, your whole body is perfectly buffed with raw cane sugar granules and potent virgin coconut oil. Using our Mango Pineapple Enzyme Body wrap, hydrating coconut-firming fluid body lotion that will instantly improve skin firmness texture and tone.

CRANBERRY DIVINE MUD SCRUB: 50 MIN
This hydrating, skin-polishing body treatment will reduce the appearance of cellulite and help increase circulation. An antioxidant-rich Cranberry Sugar Scrub is used to exfoliate the skin added with a cinnamon paprika body lotion to oxygenate, tighten and firm your skin.

MICROCURRENT NuBODY TREATMENT: 50 MIN
This treatment helps you achieve what nutrients and exercise alone cannot. The NuBody skin toning device is specially engineered with four treatment spheres that work together to deliver a powerful yet gentle flow of targeted microcurrent to the larger denser areas of the body. Receive a 10% credit towards any NuFace or NuBody product on the day of your service.

DREAM POD
SENSORY DEPRIVATION FLOAT TANK

This tank is filled with highly concentrated Epsom salt water heated to body temperature. Time spent floating in a sensory deprivation tank gives many benefits like lymph drainage, muscle relaxation, better sleep, decrease stress, and promotes the absorption of magnesium.

SPA PRICING MENU

MASSAGE

KEYSTONE CUSTOMIZED MASSAGE
NON PEAK: 25 min $95 | 50 min $150 | 80 min $195
PEAK: 25 min $110 | 50 min $165 | 80 min $210

MOTHER NURTURE MASSAGE
NON PEAK: 50 min $150 | 80 min $195
PEAK: 50 min $165 | 80 min $210

HIGH COUNTRY STONE MASSAGE
NON PEAK: 80 min $205
PEAK: 80 min $220

ALTITUDE MASSAGE
NON PEAK: 50 min $200 | 80 min $275
PEAK: 50 min $215 | 80 min $290

ASHIATSU MASSAGE
NON PEAK: 50 min $170 | 80 min $215
PEAK: 50 min $185 | 80 min $230

DETOX SCRUB & MASSAGE
NON PEAK: 80 min $215
PEAK: 80 min $230

COUPLES MASSAGE
NON PEAK: 50 min $315 | 80 min $405
PEAK: 50 min $345 | 80 min $435

SUITE SURRENDER MASSAGE & SOAK
NON PEAK: 70 min $405 | 100 min $475
PEAK: 70 min $435 | 100 min $505

FACIALS

KEYSTONE CUSTOMIZED FACIAL
NON PEAK: 25 min $95 | 50 min $150 | 80 min $195
PEAK: 25 min $110 | 50 min $165 | 80 min $210

NUFACE CELLULAR LIFT
NON PEAK: 50 min $165 | 80 min $210
PEAK: 50 min $180 | 80 min $225

INTRACEUTICALS OXYGEN FACIAL
NON PEAK: 50 min $165 | 80 min $210
PEAK: 50 min $180 | 80 min $225

CHARCOAL & BLACKSEED FACIAL
NON PEAK: 50 min $150 | 80 min $195
PEAK: 50 min $165 | 80 min $210

KIDS STRAWBERRY FACIAL
NON PEAK: 25 min $55
PEAK: 25 min $70

BODY TREATMENTS

COCO-LUSCIOUS WRAP
NON PEAK: 50 min $165
PEAK: 50 min $180

CRANBERRY DIVINE SCRUB
NON PEAK: 50 min $165
PEAK: 50 min $180

MICROCURRENT NUBODY
NON PEAK: 50 min $165
PEAK: 50 min $180

WAXING SERVICES

UNDERARM/LIP/CHIN $15
BROW $30
HALF LEG $30
FULL LEG $60
BIKINI WAX $30

FLOAT TANK

30 min $50
60 min $75
90 min $100

FOOT SOAKS

SINGLE 30 min $25
COUPLES 30 min $45

ENHANCEMENTS

SCALP MASSAGE: 25 MIN $45
(MUST BE COMBINED WITH A SERVICE)

FOOT REFRESHER: 25 MIN $45
(MUST BE COMBINED WITH A SERVICE)

Ask our concierge about extra offerings:
INFARED REJUVINATION MAT
SEASONAL ENHANCMENT PACKAGES

CONTACT & BOOKING
To schedule an appointment, call the spa at 970-496-4118, or book online at: https://ssobe.vailresorts.com/#/en-US/keystone/spa/

ARRIVAL
We suggest arriving at least 30 minutes before your reservation for maximum relaxation and comfort. Treatments will end on time to ensure no impact on other guests, with the total value of your treatment applied. Guests are welcome to enjoy the Relaxation Room, pool amenities, and fitness center before and/or after treatment.

CANCELLATION & CHANGE POLICY
Should you need to cancel or reschedule your reservation, we ask that you provide at least 24 hours notice to avoid being charged for the appointment. If you are rescheduling within the 24-hour notice, you will be charged a $45 change fee. If you are cancelling within the 24-hour notice there is a 50% fee for your appointment. If you do not show up or call your full amount will be charged plus 20% gratuity.

COMFORT & SAFETY
We will provide bathrobes, towels, sandals, and other amenities during your visit. We have food and drink options available on-site. Please discuss your preferences and special needs with your service provider so that we may provide the best experience possible for you. Please be sure to inform your provider if you are pregnant, have high blood pressure, have a heart ailment, have allergies, take medication, and/or have any other condition that may prohibit you from receiving heat, massage, or skin therapies.

GRATUITY
A 20% gratuity will be added to the price of your service(s) for your convenience. This discretionary charge can be increased or decreased at your request.

PRICING
Prices are subject to change without notice. Please contact the Spa for up-to-date pricing. Peak pricing is in effect during busy seasons.

PARKING
Reserved spots are available in front of the lodge for spa guests. If no spots are available, you can park in the conference center parking lot across the highway from Keystone Lodge and Spa for free day parking.